

## Vonnies Smoothies

Our smoothies are made fresh on site each visit and are full of vitamins, minerals, fibre and protein and will provide great nutritional benefit to the children. Did you know that here at Vonnies Smoothies we put no less than five fruits in each one! There are a variety of flavours with an alternative banana milkshake available each week. We have the following yummy smoothies for your little ones:

Strawberry Squeeze

Mango Twist

Blueberry Burst

Cheeky Peach

Berry Berry Nice

Rainbow Drops

Tropical Delight

Following this year's competition we are adding three new smoothies that the children have made and named themselves!

Unicorn Juice (Great Crosby Primary School)

Fabulously Fruity (Trinity St Peters)

Charlottes Super Summer Strawberry Smoothie (St Jeromes)